

„Ewige“ Bestenliste – W13

75m

10,42	Nellessen, Magdalena	2010
10,43	Agbotounou, Irene	2015
10,50	Koch, Anna-Lena	2011
10,55	Benjdina, Nisrine	2013
10,57	Kleine, Sofi	2016
10,88	Eymael, Nicola	2010
11,02	Njegovan, Jana	2014
11,02	Benedicte, Futi	2016
11,06	Fahrer, Jule	2010
11,06	Rütten, Katharina	2013

800m

2:33,91	Rütten, Katharina	2013
2:39,73	Besting, Lisa	2010
2:43,61	Paulußen, Lina	2019
2:47,37	Hansen, Jule	2016
2:47,54	Benjdina, Nisrine	2013
2:49,28	Slobodcicov, Nadja	2010
2:50,42	Müller, Mia	2020
2:50,69	Schwick, Paulina	2010
2:52,47	Ebert, Antonia	2013
2:52,78	Benedicte, Futi	2016

2000m

7:50,44	Rütten, Katharina	2013
8:23,41	Besting, Lisa	2010
8:30,37	Benjdina, Nisrine	2013
10:03,28	Apfelbaum, Luca	2012

60m Hürden

10,42	Kleine, Sofi	2016
10,55	Benedicte, Futi	2016
11,10	Kleine, Linda	2019
11,28	Benjdina, Nisrine	2013
11,42	Eck, Zoe	2015
11,49	Koch, Anna-Lena	2011
11,72	Sacher, Filipa	2014
11,90	Nellessen, Magdalena	2010
12,05	Besting, Lisa	2010
12,24	Ballero, Christina	2010
12,37	Legewie, Luisa	2012

Hochsprung

1,44	Njegovan, Jana	2014
1,40	Verse, Laura	2017
1,41	Koch, Anna-Lena	2011
1,39	Kleine, Sofi	2016
1,36	Eymael, Nicola	2010
1,32	Kleine, Linda	2019
1,30	Sacher, Filipa	2014
1,29	Paulußen, Lina	2019
1,28	Benjdina, Nisrine	2013
1,27	Benedicte, Futi	2016

Weitsprung

4,89	Kleine, Sofi	2016
4,78	Koch, Anna-Lena	2011
4,65	Eymael, Nicola	2010
4,61	Nellessen, Magdalena	2010
4,58	Benjdina, Nisrine	2013
4,52	Kleine, Linda	2019
4,51	Benedicte, Futi	2016
4,44	Agbotounou, Irene	2015
4,15	Eck, Zoe	2015
4,11	Weingarten, Karla	2012
4,11	Hansen, Jule	2016

Kugelstoßen (3 kg)

8,47	Stoschek, Karoline	2010
7,75	Middelberg, Carolin	2009
7,55	Fohrer, Jule	2010
6,81	Simanek, Susann	2016
6,80	Benjdina, Nisrine	2013
6,67	Legewie, Luisa	2012
6,44	Apfelbaum, Luca	2012
6,42	Eck, Zoe	2015
6,19	Njegovan, Jana	2014
6,04	Sacher, Filipa	2014

Diskuswerfen (750 g)

19,40	Stoschek, Karoline	2010
18,45	Simanek, Susann	2016
16,31	Eck, Zoe	2015
15,28	Ballero, Christina	2010

Speerwerfen (400 g)

27,19	Benedicte, Futi	2016
19,46	Stoschek, Karoline	2010
18,54	Simanek, Susann	2016

15,38	Jleine, Sofi	2016
15,06	Middelberg, Carolin	2009
14,27	Paulußen, Lina	2019
13,39	Eck, Zoe	2015

Ballwurf (80 g)

43,5	Stoschek, Karoline	2010
36,5	Benedicte, Futi	2016
34,0	Benjdina, Nisrine	2013
31,0	Leutner, Jule	2011
31,0	Simanek, Susann	2016
30,0	Gasparovic, Lea	2010
30,0	Apfelbaum, Luca	2012
30,0	Hansen, Jule	2016
27,5	Krauhaus, Maya	2011
27,0	Legewie, Luisa	2012

Dreikampf (75 – Weit - Ball)

1315 P. 19,97 – 4,58 – 29,0	Benjdina, Nisrine	2013
1309 P. 10,84 – 4,59 – 27,0	Nellessen, Magdalena	2010
1297 P. 10,70 – 4,44 – 26,0	Agbotounou, Irene	2015
1291 P. 10,88 – 4,52 – 26,5	Eymael, Nicola	2010
1222 P. 11,23 – 4,20 – 26,5	Besting, Lisa	2010
1182 P. 11,28 – 4,05 – 24,5	Eck, Zoe	2015
1150 P.	Middelberg, Carolin	2009
1144 P. 11,23 – 3,90 – 22,0	Njegovan, Jana	2014

Vierkampf (75 – Weit – Hoch - Ball)

2092 P.	Benedicte, Futi	2015
2076 P.	Kleine, Sofi	2015
1841 P.	Eck, Zoe	2015

1740 P.	Simanek, Susann	2015
1719	Hansen, Jule	2015
1683 P.	Benjdina, Nisrine	2013
1677 P.	Verse, Laura	2017
10,9* - 4,29 - 1,30 - 32,50		
1613 P.	Njegovan, Jana	2014
11.23 – 3,90 – 1,44 – 22,0		
1606 P.	Eymael, Nicola	2010
10,88 – 4,52 – 1,20 – 26,5		
1497 P.	Besting, Lisa	2010
11,21 – 4,14 – 1,20 – 23,5		
Block Basis		
2208 P.	Benjdina, Nisrine	2013
11,69 – 34,0 – 10,79 – 4,57 – 8:30,37		
2009 P.	Rütten, Katharina	2013
12,41 – 20,5 – 11,16 – 4,09 – 7:50,44		
1685 P.	Apfelbaum, Luca	2012
12,18 – 13,56 – 3,79 – 23,5 - 10:03,28		
Block Sprint (75-60mH-Weit-Hoch-Speer)		
2259 P.	Kleine, Sofi	2016
10,57 - 10,59 - 4,71 - 1,34 - 15,38		
2030 P.	Nellessen, Magdalena	2010
10,71/12,10/4,43/1,20/26,50		
1992	Eymael, Nicola	2010
11,19/12,62/4,26/1,36/22,50		
1856 P.	Eck, Zoe	2015
11,20 - 11,65 - 4,13 - 1,08 – 13,39		
1852 P.	Sacher, Filipa	2014
11,67 – 11,72 – 3,58 – 1,30 – 10,61		
1831 P.	Simanek, Susann	2016
11,95 - 11,75 - 3,97 - 1,10 - 17,26		
1793 P.	Ballero, Christina	2010
11,52/12,79/4,22/1,16/20,50		
1731 P.	Benedicte, Futi	2016

11,31 - 11,77 - 4,48 - ogv. - 20,50

Block Lauf (75-60mH-Weit-Ball-800)

2264 P. Benedicte, Futi 2016
11,10 - 10,80 - 4,51 - 36,50 – 2:52,78

2071 P. Hansen, Jule 2016
11,42 - 12,07 - 4,11 - 30,00 - 2:47,37

2015 P. Njegovan, Jana 2014
11,02 – 13,13 – 3,96 – 25,0 – 2:41,0

2011 P. Besting, Lisa 2010
11,21/12,44/4,04/26,5/2:51,00

1945 P. Fohrer, Jule 2010
11,24/12,73/3,96/27,5/3:03,43

1704 P. Schwick, Paulina 2010
12,25/13,90/3,38/23,0/2:56,84

Block Wurf (75-60mH-Weit-Kugel-Diskus)

1841 Eck, Zoe 2015
11,59 - 12,09 - 4,11 - 5,88 - 14,81

1516 P. Simanek, Susann 2016
11,93 - 11,98 - 3,81 - 6,81 - ogV.