

„Ewige“ Bestenliste – W12

75m

10,39	Kleine, Sofi	2015
10,39	Riedel, Olivia	2016
10,40	Reul, Inga	2010
10,86	Benjdila, Nisrine	2012
11,07	Hoffmann, Mette	2020
11,15	Besting, Lisa	2009
11,18	Eymael, Nicola	2009
11,22	Benedicte, Futi	2015
11,27	Nellessen, Magdalena	2009
11,34	Leisten, Maike	2001
11,34	Schmidt, Inga	2020

800m

2:36,43	Reul, Inga	2010
2:41,77	Leisten, Maike	2001
2:45,71	Rütten, Katharina	2012
2:50,6	Reuland, Alicia	2012
2:52,80	Müller, Mia	2019
2:51,88	Besting, Lisa	2009
2:52,94	Riedel, Olivia	2016
2:56,65	Ebert, Antonia	2012
2:57,67	Benedicte, Futi	2015
2:58,86	Flügge, Linn	2020

2000m

8:12,51	Besting, Lisa	2009
8:19,87	Reul, Inga	2010
8:22,91	Reuland, Alicia	2012
8:23,52	Rütten, Katharina	2012
8:29,76	Ebert, Antonia	2012
9:20,62	Sacher, Filipa	2013
10:03,68	Benjdila, Nisrine	2012

60m Hürden

11,47	Reul, Inga	2010
10,58	Kleine, Sofi	2015
11,59	Riedel, Olivia	2016
11,70	Benjdila, Nisrine	2012
11,76	Benedicte, Futi	2015
11,90	Simanek, Susann	2015
12,41	Rütten, Katharina	2012
12,70	Reuland, Alicia	2012
12,84	Hansen, Jule	2015
12,93	Müller, Mia	2019

Hochsprung

1,32	Sacher, Filipa	2013
1,29	Reul, Inga	2010
1,28	Leisten, Maike	2001
1,27	Njegovan, Jana	2013
1,27	Jacobi, Julia	2013
1,25	Benjdila, Nisrine	2012
1,22	Benedicte, Futi	2015
1,22	Kleine, Sofi	2015
1,21	Koch, Anna-Lena	2010
1,21	Keller, Lilli	2016

Weitsprung

4,76	Reul, Inga	2010
4,67	Riedel, Olivia	2016
4,44	Kleine, Sofi	2015
4,41	Benedicte, Futi	2015
4,31	Nellessen, Magdalena	2009
4,31	Benjdila, Nisrine	2012
4,30	Eymael, Nicola	2009
4,18	Besting, Lisa	2009
4,08	Koch, Anna-Lena	2010
4,08	Keller, Lilli	2016

Kugelstoßen (3 kg)

7,12	Krauhausen, Maya	2010
6,71	Leutner, Jule	2010
6,39	Middelberg, Caroline	2008
6,23	Flügge, Linn	2020
6,06	Hoffmann, Mette	2020
5,89	Schmidt, Inga	2020
5,85	Kleine, Sofi	2015
5,39	Judzinska, Roksana	2016
5,07	Gorggreve, Beatrice	2010
4,90	Sacher, Filipa	2013

Diskuswerfen (750 g)

14,53	Flügge, Linn	2020
13,47	Hoffmann, Mette	2020
10,55	Borggreve, Beatrice	2010

Speerwerfen (400 g)

22,77	Benedicte, Futi	2015
16,69	Judzinska, Roksana	2016
15,11	Stoschek, Karoline	2009

14,70	Altintas, Zümra	2019
14,62	Simanek, Susann	2015
14,05	Benjdila, Nisrine	2012
13,72	Besting, Lisa	2009
12,69	Nellessen, Magdalena	2009
12,35	Kleine, Sofi	2015
12,21	Ebert, Antonia	2012

Ballwurf (80 g)

39,5	Benedicte, Futi	2015
38,0	Altintas, Zümra	2019
37,0	Stoschek, Karoline	2009
33,0	Reul, Inga	2010
31,5	Leutner, Jule	2010
31,5	Besting, Lisa	2009
31,5	Simanek, Susann	2015
29,5	Benjdila, Nisrine	2012
27,5	Middelberg, Caroline	2008
27,0	Krauhausen, Maya	2010

Dreikampf

1369 P. 10,87 – 4,60 – 33,0	Reul, Inga	2010
1352 P. 11,53 – 4,60 – 39,5	Benedicte, Futi	2015
1308 P. 11,1 – 4,71 – 30,0	Reul, Inga	2009
1269 P. 10,86 – 4,06 – 29,5	Benjdila, Nisrine	2012
1221 P. 10,51 – 4,10 – 20,5	Kleine, Sofi	2015
1213 P. 11,76 – 4,06 – 31,5	Besting, Lisa	2009
1200 P. 11,38 – 4,18 – 26,0	Nellessen, Magdalena	2009
1176 P. 11,3 – 4,27 – 24,5	Eymael, Nicola	2009
1141 P. 11,88 – 3,94 – 27,0	Krauhausen, Maya	2010
1126 P. 11,6 – 3,88 – 25,0	Middeldberg, Caroline	2008

1119 P. Koch, Anna-Lena 2010
11,65 – 4,08 – 22,0

Vierkampf

1744 P. Reul, Inga 2010
10,87 – 4,60 – 1,29 – 33,0

1676 P. Reul, Inga 2009
11,1 – 4,71 – 1,28 – 30,0

1622 P. Benedicte, Futi 2015
11,22 – 4,05 – 1,22 – 36,5

1611 P. Benjdila, Nisrine 2012
10,86 – 4,06 – 1,24 – 29,5

1550 P. Kleine, Sofi 2015
10,51 – 4,10 – 1,22 – 20,5

1455 P. Leisten, Maike 2001
11,5 – 3,98 – 1,28 – 21,0

1428 P. Sacher, Filipa 2013
12,08 – 3,76 – 1,32 – 20,0

1416 P. Koch, Anna-Lena 2010
11,45 – 4,05 – 1,21 – 19,0

1409 P. Eymael, Nicola 2009
11,3 – 4,24 – 1,08 – 24,5

1374 P. Krauhausen, Maya 2010
11,88 – 3,94 – 1,08 – 27,0

1248 P. Njegovan, Jana 2013
12,54 – 3,20 – 18,0 – 1,24

Block Basis

1899 P. Benjdila, Nisrine 2012
11,16/12,11/3,94/27,0/10:03,68

1774 P. Reuland, Alicia 2012
12,18/13,24/3,68/20,0/08:22,91

1698 P. Rütten, Katharina 2012
11,84/13,85/3,42/16,5/08:23,52

1666 P. Sacher, Filipa 2013

13,16 – 17,0 – 11,88 – 3,48 – 9:20,62

1506 P. Ebert, Antonia 2012
12,64/14,16/3,47/13,5/09:29,76

Block Sprint (75-60mH-Weit-Hoch-Speer)

2076 P. Kleine, Sofi 2015
10,88 – 11,13 – 4,31 – 1,34 – 10,58

1949 P. Riedel, Olivia 2016
11,49 – 12,70 – 4,32 – 1,14 – 10,67

1896 P. Benedicte, Futi 2015
11,61 – 11,76 – 4,32 – 1,08 – 18,13

1756 P. Simanek, Susann 2015
12,14 – 11,96 – 3,65 – 1,16 – 13,53

1722 P. Kleine, Linda 2018
11,55 - 11,88 - 4,20 - 1,08 - 7,14

Block Lauf (75-60mH-Weit-Ball-800)

2181 P. Reul, Inga 2010
11,02 – 11,47 – 4,36 – 29,5 - 2:45,98

2147 P. Benedicte, Futi 2015
11,53 – 12,18 – 4,60 – 39,5 – 2:57,67

2064 P. Riedel, Olivia 2016
10,45 - 11,59 - 4,36 - 16,50 - 2:52,94

1848 P. Müller, Mia 2019
11,71-12,93-3,53-24,00-2:52,80

1778 P. Simanek, Susann 2015
12,21 – 13,10 – 3,60 – 31,0 – 3:19,15

1719 P. Hansen, Jule 2015
12,58 – 13,62 – 3,54 – 26,5 – 3:06,76

1567 P. Judzinska, Roksana 2016
13,21 - 14,69 - 3,46 - 20,00 – 3:02,98

1419 P. Heidenreich, Pauline 2018

13,26 - 14,17 - 3,06 - 16,00 - 3:23,27

1378 P. Jansen, Hanna
12,45-14,95-3,06-20,00-4:08,42

2019